# Powers of operators and the numerical range 

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(Joint work with Iwona Wróbel)
It is shown that a Hilbert space operator $A$ is power-bounded if and only if the sums $A^{k}+A^{* k}$ are bounded for $k=1,2, \ldots$. The method is based on the concept of numerical range, the Schur triangularization of matrices, and a recent inequality of Kittaneh. Its analytic development yields analogous results for arbitrary families of operators, in particular, for the Cesàro means of powers. Related open problems arise throughout.

